

If things go wrong

Here's a quick checklist to help you know what to do if anything goes wrong while you are out.

CALL 000

000 is a free call from anywhere in Australia, including mobiles. If your mobile phone is out of range from your normal network then you can dial 112.

When you call:

- There will be a short recorded message confirming you have dialled the emergency number, an operator will then ask which service you require – ambulance, police or fire.
- It is important to stay calm and speak slowly.
- **STAY ON THE LINE** as the operator might need some more information or they may even give you some instructions to follow while help is on its way.

IF A FRIEND COLLAPSES

- Stay calm.
- Call an ambulance on 000 as fast as you can.
- Stay with the person.
- Try to keep them awake.
- If they're unconscious and breathing, turn them on their side.
- Do not try to make the person vomit.
- Do not give the person anything to eat or drink.

When the paramedics or ambulance officers arrive, give them all the information they need – if you know, tell them exactly what the person has been taking. Paramedics or ambulance officers are there to help not to judge.



"If I call an ambulance the police will show up and we'll end up in trouble"

Fact:

Ambulance officers and emergency doctors are only interested in the health of the person they are treating, not in getting anybody busted.